

THE RESEARCH CONNECTION

Sponsored by the Brooks/UF-PHHP Research Collaboration

“Thinking Outside the Black Box: Why Rehabilitation Interventions Work for Pain and Why You Should Care”

Musculoskeletal pain is a significant public health problem with associated high prevalence and cost. Rehabilitation interventions are effective for some patients; however, the mechanisms through which these interventions work are largely unknown. Why interventions work is more than an academic discussion as clinical practice currently operates in a trial and error approach without strong guidance for who is likely to benefit from a rehabilitation intervention approach. This spotlight will present a line of research considering why rehabilitation interventions for musculoskeletal pain may work within the framework of a theoretical model. Translation of the findings to clinical practice will be considered.

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VIRTUAL EVENT**

**TUES, AUG 17, 2021
7:00 - 8:00 PM EST**

**ZOOM MEETING ID:
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**REGISTER ON EVENTBRITE:
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ABOUT THE SPEAKER: JOEL BIALOSKY, PT, PhD, FAAOMPT, OCS

Dr. Bialosky is a Clinical Research Scientist with musculoskeletal concentration in the Brooks/UF-PHHP Research Collaboration. He has over 14 years of clinical experience, primarily in orthopedic and musculoskeletal physical therapy. Joel is a Board-certified clinical specialist in Orthopedics and a Fellow in the American Academy of Orthopedic Manual Physical Therapists. He received a bachelor's degree in physical therapy from Ithaca College in 1990 and a master's degree in musculoskeletal physical therapy from the University of Pittsburgh in 1998. He graduated from the University of Florida with a PhD in Rehabilitation Science in 2008, with his research interests focused on the mechanisms of manual therapy in the treatment of musculoskeletal pain.

