Interdisciplinary Training in Rehabilitation and Neuromuscular Plasticity (NMPT)

Individual Development Plan

Trainee Name: ___________________________  Plan Date: ______________
Graduate Program: ____________________________
Mentor: ____________________________________________
Translational Research Co-Advisor: ____________________________________________
   *Translational research co-advisor should also serve as a member on dissertation committee.*
   Other committee members: ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

1) Describe your long term career goals:

2) Training goals for the next year:
3) Planned coursework and activities for the next year:
   a. Coursework
      
   b. Journal clubs you plan to participate in:
      
   c. Seminars you plan to attend:
      
   d. Professional meeting/conference attendance:
      
   e. Planned poster or platform presentations (local and national):
      
   f. Planned publications
      
   g. New technical skills (including data analysis techniques) you plan to learn this year:
      
   h. Other training activities
      

Appendix 1

4) When you do anticipate taking your qualifying exams? (If completed, indicate date)

5) When you do anticipate completing your dissertation proposal? (If completed, indicate date)

6) What is your anticipated graduation date?

7) Is adequate progress being made on the training plan? Indicate why or why not.

__________________________  __________________________
Mentor Signature  Date

__________________________  __________________________
Trainee Signature  Date